

DISCUSSION QUESTIONS for
“Responding to Challenging Behavior in Preschoolers: The FLIP-IT® Approach”



This child is breaking crayons into pieces.

- What are some possible reasons for this behavior?
- If we're reacting to behavior, we might be say, "Stop breaking those crayons ... Do you need a time out?"
- Using the FLIP-IT® Approach, how could you respond to this behavior? *(for more examples of suggested wording, see the 8-page workbook handout called FLIP-IT®)*

1. _____

2. _____

3. _____

4. _____



This boy keeps rolling-back during circle/story time.

What are some possible reasons for this behavior?

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Using the FLIP-IT® Approach, how could you respond to this behavior?

1. _____
2. _____
3. _____
4. _____

RESOURCES:

If you'd like a fuller explanation of the FLIP-IT® steps, along with multiple examples of how to word what you say in each step, the Devereux Center offers a free PowerPoint presentation on FLIP-IT® that can be downloaded at:

<https://centerforresilientchildren.org/dcrc-shop/flip-it/resources/>

This video explains in very practical terms things that cause children to act in different ways (and sometimes challenging ways), and to learn new ways of acting:

<https://www.youtube.com/watch?v=acAJsiEKxzg> (16 minutes)

This workshop video provides an overall look at factors that give rise to challenging behavior, and offers multiple strategies (and examples) of responding:

“Rising to the Challenge of Challenging Behaviors: Tools You Can Use in the Preschool Classroom”

https://www.youtube.com/watch?v=5E_U6JiMoN0 (47 minutes)

This website has great resources for parents—lots of practical issues that come up

<https://www.zerotothree.org/espanol/challenging-behaviors>

Video (4:53 min)

Rachel Sperry (Early Childhood Mental Health Specialist with the Devereux Center for Resilient Children)

- author of the book titled "FLIP IT®: Transforming Challenging Behavior"
- introductory webinar on FLIP IT! Web page:
<https://www.youtube.com/watch?v=E5TViZp2KwM>